


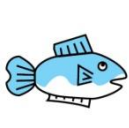


DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary's MAIN DISHES – Spring 1 2019

All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken balti, rice and naan bread		✓		✓			✓							
Vegetable balti, rice and naan bread		✓		✓			✓							
Roast turkey dinner		✓		✓			✓							
Quorn roast dinner		✓		✓			✓							
Jacket potato with a choice of fillings					✓		✓							
Breaded salmon, new potatoes and vegetables		✓			✓									
Vegetable fingers, new potatoes/chips/croquettes and vegetables		✓		✓										
'Free from' fish fingers, new potatoes/chips/croquettes and vegetables					✓									
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

Sausage casserole		✓		✓			✓							
Veggie sausage casserole		✓		✓			✓							
Cod bites, croquettes and vegetables		✓		✓	✓		✓							
Vegetable bites, croquettes and vegetables		✓		✓			✓							
Roast beef dinner		✓		✓			✓							
Vegetable sausage roast dinner		✓		✓			✓							✓
Sausage, mash and vegetables		✓		✓			✓							✓
Veggie sausage, mash and vegetables		✓		✓			✓							✓
Falafel roast dinner		✓		✓			✓							
Fish fingers, chips and vegetables		✓			✓		✓							
Spaghetti Bolognese and garlic bread		✓		✓			✓							
Veggie spaghetti Bolognese and garlic bread		✓		✓			✓							
DISHES														
	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

		gluten												
Vegetable slice, chips and peas				✓			✓							
Scampi, chips and peas		✓	✓		✓		✓							
Chicken and sweetcorn pie, diced potatoes and veg		✓		✓			✓							
Vegetable pie, diced potatoes and veg		✓		✓			✓							
Macaroni cheese and garlic bread		✓		✓			✓							
Pizza, potato wedges and vegetables		✓					✓							
Chilli, rice and nachos		✓												
Veggie chilli, rice and nachos		✓												

Review date:
26/11/18

Reviewed by: J Higgins



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