

**MENU – week commencing 13th September 2021**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Meat Free Monday** | **Tuesday**  **Choose Day** | **Wednesday**  **Wonderful Roast** | **Thursday**  **Julie’s Jackets** | **Friday**  **Fish Friday** |
| Lunch | Vegetable curry and rice | Turkey burgers, potato rosti and vegetables | Roast beef with all the trimmings and gravy | Jacket potato with a choice of toppings | Cod bites, potato lattice and vegetables |
| Vegetarian option | Vegetable curry and rice | Veggie burgers, potato rosti and vegetables | Falafel roast with all the trimmings | Jacket potato with a choice of toppings | Veggie burger, potato lattice and vegetables |
| Dessert | Bananas and custard | Jelly | Muffin | Fruit | Homemade biscuit |
| Free From  option | Vegetable curry and rice  Bananas and custard | Turkey burgers, potato rosti and vegetables  Jelly | Roast beef with all trimmings and gravy  Biscuit | Jacket potato with a choice of toppings  Fruit | Fish fingers, potato lattice and vegetables  Biscuit |
|  | **All meals will contain or be served with at least one portion of vegetables.**  **All hot puddings will be accompanied by custard or cream.**  **All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.**  **All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.** | | | | |