



MENU – week 1

	Meat Free Monday	Tuesday Choose Day	Wednesday Wonderful Roast	Thursday Julie's Jackets	Friday Fish Friday
Lunch	Vegetable fingers, vegetables and potato rosti	Spaghetti Bolognese	Roast beef with all the trimmings and gravy	Jacket potato with a choice of toppings	Breaded fish, chips and vegetables
Vegetarian option	Vegetable fingers, vegetables and potato rosti	Spaghetti Bolognese	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable fingers, chips and vegetables
Dessert	Mandarin segments	Mousse	Fresh fruit	Carrot cake	Viennese whirl
Free From option	Vegetable patty, vegetables and potato rosti Mandarin segments	Spaghetti Bolognese Vanilla pudding	Roast beef with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Cake	Fish fingers, chips and vegetables Cookie/flapjack
<p>All meals will contain or be served with at least one portion of vegetables.</p> <p>All hot puddings will be accompanied by custard or cream.</p> <p>All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.</p> <p>All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</p>					