



MENU – week commencing 14/10/2019

	Monday Around the world	Tuesday Family Favourites	Wednesday Wonderful Roast	Thursday Julie's Jackets	Friday Fish Friday
Lunch	Turkey curry and rice	Tacos, rice and salad	Roast beef with all the trimmings and gravy	Jacket potato with a choice of toppings	Fish burgers, potato lattice and peas
Vegetarian option	Vegetable curry and rice	Veggie tacos, rice and salad	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable slice, potato lattice and peas
Dessert	Mandarin segments	Mousse	Fresh fruit	Carrot cake	Oat and raisin cookie
Free From option	Turkey curry and rice Mandarin segments	Tacos, rice and salad Mousse/yoghurt	Roast beef with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Cake	Fish fingers, chips and peas Biscuit
	<p>All meals will contain or be served with at least one portion of vegetables.</p> <p>All hot puddings will be accompanied by custard or cream.</p> <p>All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.</p> <p>All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</p>				