


DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary's MAIN DISHES – Summer 2 2022

All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
'Free from' fish fingers, chips and vegetables					✓									
Battered fish, chips and vegetables		✓		✓	✓		✓							
Bubble and squeak bites, chips and vegetables		✓		✓			✓							
Chicken and vegetable pasta		✓		✓			✓							
Chicken burger, fries/wedges and vegetables		✓		✓			✓							
Chicken goujons, potato crispers/chips and vegetables		✓		✓			✓							
Chilli with rice and nachos		✓		✓			✓							
Fishcake, chips and vegetables		✓		✓	✓		✓							
Jacket potato with a choice of fillings					✓		✓							
Jumbo fish finger, chips and vegetables		✓		✓	✓		✓							
Macaroni cheese		✓		✓			✓							

Meatballs and spaghetti/rice		✓		✓			✓							
Pasta bake with vegetables		✓		✓			✓							
Pasta with a choice of toppings		✓		✓	✓		✓							
Quorn chilli, rice and nachos		✓		✓			✓						✓	
Quorn meatballs with spaghetti/rice		✓		✓			✓						✓	
Quorn roast dinner		✓		✓			✓						✓	
Quorn sausage roast dinner		✓		✓			✓						✓	
Roast beef dinner		✓		✓			✓							
Roast sausage dinner		✓		✓			✓							✓
Vegan sausage roll, potato wedges, and vegetables		✓		✓			✓						✓	
Vegetable pasta		✓		✓			✓							
Veggie bites, potato crisps/wedges/chips and vegetables		✓		✓			✓						✓	
Veggie burger, fries/chips and vegetables		✓		✓			✓						✓	
Veggie fingers, chips and vegetables		✓		✓			✓							

Veggie meatballs and spaghetti		✓		✓			✓						✓	
Veggie pasty, hash browns and vegetables		✓		✓			✓						✓	
Veggie sausage roast dinner		✓		✓			✓						✓	

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Reviewed by: T. Mabbitt



You can find this template, including more information at www.food.gov.uk/allergy