



MENU – week commencing 03/02/20

	Monday Around the world	Tuesday Family Favourites	Wednesday Wonderful Roast	Thursday Julie's Jackets	Friday Fish Friday
Lunch	Chilli, rice and nachos	Chicken Kiev, potato rosti and vegetables	Roast beef with all the trimmings and gravy	Jacket potato with a choice of toppings	Fish burger, potatoes and vegetables
Vegetarian option	Vegetable chilli, rice and nachos	Veggie Kiev, potato rosti and vegetables	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Veggie burger, potatoes and vegetables
Dessert	Mandarin segments	Fruit yoghurt	Fresh fruit	Toffee cake	Oatybix biscuit
Free From option	Chilli, rice and nachos Mandarin segments	Chicken breast, potato rosti and vegetables Mousse/yoghurt	Roast beef with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Cake	Fish fingers, potatoes and vegetables Biscuit
	<p>All meals will contain or be served with at least one portion of vegetables.</p> <p>All hot puddings will be accompanied by custard or cream.</p> <p>All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.</p> <p>All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</p>				