MENU - week commencing 22nd November 2021

|  | Meat Free Monday | Tuesday Choose Day | Wednesday Wonderful Roast | Thursday Julie's Jackets | Friday Fish Friday |
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| Lunch | Vegetable curry and rice | Turkey escalope, potato rosti and vegetables | Roast beef with all the trimmings and gravy | Jacket potato with a choice of toppings | Cod bites, potato lattice and vegetables |
| Vegetarian option | Vegetable curry and rice | Veggie escalope potato rosti and vegetables | Quorn roast with all the trimmings | Jacket potato with a choice of toppings | Veggie burger, potato lattice and vegetables |
| Dessert | Bananas and custard | Jelly | Muffin | Fruit | Fairy cake |
| Free From option | Vegetable curry and rice Bananas and custard | Patty, potato rosti and vegetables Jelly | Roast beef with all trimmings and gravy Biscuit | Jacket potato with a choice of toppings <br> Fruit | Fish fingers, chips and vegetables <br> Biscuit |
|  | All meals will contain or be served with at least one portion of vegetables. <br> All hot puddings will be accompanied by custard or cream. <br> All roast dinners, sausage $\&$ mash and pie dishes will have the option of extra gravy. <br> All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal. |  |  |  |  |

