

**MENU – week commencing 31st January 2022**

**\*\*Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues\*\***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Meat Free Monday** | **Tuesday**  **Choose Day** | **Wednesday**  **Wonderful Roast** | **Thursday**  **Joyful Jackets** | **Friday**  **Fish Friday** |
| Lunch | Pasta bake with vegetables | Meatballs, rice and vegetables | Roast beef with all the trimmings and gravy | Jacket potato with a choice of toppings | Jumbo fish finger, chips and vegetables |
| Vegetarian option | Pasta bake with vegetables | Quorn meatballs, rice and vegetables | Quorn roast with all the trimmings and gravy | Jacket potato with a choice of toppings | Veggie fingers, chips and vegetables |
| Dessert | Pineapple slices | Mousse | Fruit | Yoghurt | Tutti Frutti sponge |
| Free From  option | Pasta bake with vegetables  Pineapple slices | Meatballs, rice and vegetables  Biscuit | Roast beef with all trimmings and gravy  Fruit | Jacket potato with a choice of toppings  Yoghurt | Fish fingers, chips and vegetables  Biscuit |
|  | **All meals will contain or be served with at least one portion of vegetables.**  **All hot puddings will be accompanied by custard or cream.**  **All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.**  **All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.** | | | | |