MENU - week commencing 29th November 2021

|  | Meat Free <br> Monday | Tuesday <br> Choose Day | Wednesday <br> Wonderful Roast | Thursday <br> Jullie's Jackets | Friday <br> Fish Fridlay |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Tomato pasta bake | Teryaki chicken, rice <br> and vegetables | Roast turkey with all <br> the trimmings and <br> gravy | Jacket potato with a <br> choice of toppings | Jumbo fish fingers, <br> chips and vegetables |
| Vegetarian <br> option | Tomato pasta bake | Teryaki quorn, rice <br> and vegetables | Veggie sausage roast <br> with all the trimmings | Jacket potato with a <br> choice of toppings | Vegetable slice, chips <br> and vegetables |
| Dessert | Peach slices | Yoghurt | Muffin | Fruit | Cake |
| Free From <br> option | Tomato pasta bake <br> Peach slices | Teryaki chicken, rice <br> and vegetables <br> Custard | Roast turkey with all <br> trimmings and gravy <br> Biscuit | Jacket potato with a <br> choice of toppings | Fish fingers, chips and <br> vegetables |
|  | All meals will contain or be served with at least one portion of vegetables. <br> All hot puddings will be accompanied by custard or cream. |  |  |  |  |
| All roast dinners, sausage \& mash and pie dishes will have the option of extra gravy. |  |  |  |  |  |

