



MENU – week 1 (w/c 4/11/19 & 2/12/19)

	Monday Around the world	Tuesday Family Favourites	Wednesday Wonderful Roast	Thursday Julie's Jackets	Friday Fish Friday
Lunch	Vegetable curry and rice	Chicken burger, potato rosti and vegetables	Roast beef with all the trimmings and gravy	Jacket potato with a choice of toppings	Tuna pasta bake
Vegetarian option	Vegetable curry and rice	Veggie burger, potato rosti and vegetables	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable pasta bake
Dessert	Mandarin segments	Trifle	Fresh fruit	Toffee apple cake	Homemade biscuit
Free From option	Vegetable curry and rice Mandarin segments	Chicken burger, potato rosti and vegetables Mousse/yoghurt	Roast beef with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Cake	Fish fingers, chips and peas Biscuit
	<p style="text-align: center;">All meals will contain or be served with at least one portion of vegetables. All hot puddings will be accompanied by custard or cream. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</p>				