

**MENU – week commencing 17th January 2022**

**\*\*Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues\*\***

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|  | **Meat Free Monday** | **Tuesday**  **Choose Day** | **Wednesday**  **Wonderful Roast** | **Thursday**  **Joyful Jackets** | **Friday**  **Fish Friday** |
| Lunch | Vegan sausage roll, hash brown and vegetables | Spaghetti Bolognese | Roast beef with all the trimmings and gravy | Jacket potato with a choice of toppings | Battered fish, chips and vegetables |
| Vegetarian option | Vegan sausage roll, hash brown and vegetables | Quorn spaghetti Bolognese | Quorn roast with all the trimmings | Jacket potato with a choice of toppings | Veggie sausage, chips and vegetables |
| Dessert | Fruit salad | Yoghurt | Muffin | Fruit | Shortbread |
| Free From  option | Corn fritter, hash brown and vegetables  Fruit salad | Spaghetti Bolognese  Yoghurt | Roast beef with all trimmings and gravy  Biscuit | Jacket potato with a choice of toppings  Fruit | Fish fingers, potato lattice and vegetables  Jelly |
|  | **All meals will contain or be served with at least one portion of vegetables.**  **All hot puddings will be accompanied by custard or cream.**  **All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.**  **All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.** | | | | |