

MENU - week 4

	Monday Around the world	Tuesday Family Favourites	Wednesday Wonderful Roast	Thursday Julie's Jackets	Friday Fish Friday	
Lunch	Chilli, rice and nachos	Sausage casserole	Roast turkey with all the trimmings and gravy	Jacket potato with a choice of toppings	Cod bites, potato croquettes and vegetables	
Vegetarian option	Veggie chilli, rice and nachos	Veggie sausage casserole	Veggie sausage roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable bites, potato croquettes and vegetables	
Dessert	Peach	Yoghurt and berries	Fresh fruit	Bread and butter pudding	Shortbread	
Free From option	Chilli, rice and nachos Peach	Sausage casserole Mousse/yoghurt	Roast turkey with all the trimmings and gravy	Jacket potato with a choice of toppings Jam sponge	Fish fingers, potato croquettes and vegetables Biscuit	
	Fresh fruit ' 3					
	All meals will contain or be served with at least one portion of vegetables. All hot puddings will be accompanied by custard or cream. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.					
	All children will also be offered bread, a piece of fruit and a drink of milk or water with their main mea					