



## MENU – week 3 (w/c 18/11/19)

	<b>Monday Around the World</b>	<b>Tuesday Family Favourites</b>	<b>Wednesday Wonderful Roast</b>	<b>Thursday Julie's Jackets</b>	<b>Friday Fish Friday</b>
Lunch	Sweet and sour chicken	Chicken goujons, potato wedges and vegetables	Roast beef with all the trimmings and gravy	Jacket potato with a choice of toppings	Fish fingers, chips and vegetables
Vegetarian option	Sweet and sour vegetables	Vegetable fingers, potato wedges and vegetables	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable fingers, chips and vegetables
Dessert	Mandarin segments	Mousse	Fresh fruit	Chocolate fudge cake	Custard cookie
Free From option	Sweet and sour chicken Mandarin segments	Chicken goujons, potato wedges and vegetables Mousse/yoghurt	Roast beef with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Cake	Fish fingers, chips and vegetables Cookie
	<p style="text-align: center;">All meals will contain or be served with at least one portion of vegetables.  All hot puddings will be accompanied by custard or cream.  All roast dinners, sausage &amp; mash and pie dishes will have the option of extra gravy.  All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</p>				

