



MENU – week 2 (w/c 11/11/19 & 9/12/19)

	Monday Around the World	Tuesday Family Favourites	Wednesday Wonderful Roast	Thursday Julie's Jackets	Friday Fish Friday
Lunch	Spaghetti carbonara	Mediterranean chicken and rice	Roast turkey with all the trimmings and gravy	Jacket potato with a choice of toppings	Fishcake, chips and sweetcorn
Vegetarian option	Vegetable carbonara	Mediterranean vegetables and rice	Falafel roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable fingers, chips and sweetcorn
Dessert	Bananas and custard	Apple and oat crunch	Fresh fruit	Fruit crumble	Strawberry pinwheel
Free From option	Spaghetti carbonara Bananas and custard	Mediterranean chicken and rice Mousse/Yoghurt	Roast turkey with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Cake	Fish fingers, chips and sweetcorn Biscuit
	<p>All meals will contain or be served with at least one portion of vegetables.</p> <p>All hot puddings will be accompanied by custard or cream.</p> <p>All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.</p> <p>All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</p>				

