



MENU – week 3

	Monday Around the world	Tuesday Family Favourites	Wednesday Wonderful Roast	Thursday Julie's Jackets	Friday Fish Friday
Lunch	Chicken balti, rice and naan bread	Spaghetti Bolognese	Roast beef with all the trimmings and gravy	Jacket potato with a choice of toppings	Scampi, chips and peas
Vegetarian option	Vegetable balti, rice and naan bread	Veggie spaghetti Bolognese	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable slice, chips and peas
Dessert	Mandarin segments	Raspberry and chocolate mousse cake	Fresh fruit	Apple crumble	Fruit muffin
Free From option	Chicken balti, rice and naan bread Mandarin segments	Spaghetti Bolognese Chocolate pudding	Roast beef with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Apple crumble	Fish fingers, chips and peas Fruit muffin
	<p>All meals will contain or be served with at least one portion of vegetables.</p> <p>All hot puddings will be accompanied by custard or cream.</p> <p>All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.</p> <p>All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</p>				

