



## **MENU** – week commencing 13/01/20

	<b>Monday Around the World</b>	<b>Tuesday Family Favourites</b>	<b>Wednesday Wonderful Roast</b>	<b>Thursday Julie's Jackets</b>	<b>Friday Fish Friday</b>
Lunch	Meatballs and spaghetti	Mediterranean chicken and rice	Roast turkey with all the trimmings and gravy	Jacket potato with a choice of toppings	Fishcake, chips and sweetcorn
Vegetarian option	Veggie meatballs and spaghetti	Mediterranean vegetables and rice	Falafel roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable fingers, chips and sweetcorn
Dessert	Bananas and custard	Fruit yoghurt	Fresh fruit	Jam sponge	Viennese whirl
Free From option	Meatballs and spaghetti Bananas and custard	Mediterranean chicken and rice Mousse/Yoghurt	Roast turkey with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Cake	Fish fingers, chips and sweetcorn Biscuit
	<p><b>All meals will contain or be served with at least one portion of vegetables.</b></p> <p><b>All hot puddings will be accompanied by custard or cream.</b></p> <p><b>All roast dinners, sausage &amp; mash and pie dishes will have the option of extra gravy.</b></p> <p><b>All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</b></p>				

